



# **WUAP World Championships 2024**

Powerlifting, Benchpress, Deadlift
Raw and Equipped
25th – 28th September 2024



### Venue:

Sport Hall Pohořelice Dlouhá 37 691 23 Pohořelice Czech Republic

https://www.google.cz/maps/place/Sportovn%C3%AD+hala+Poho%C5%99elice/@48.9792937,16.52 32915,17z/data=!4m7!3m6!1s0x4712b7ee22b9e41f:0x96e9d7f378ae9469!4b1!8m2!3d48.9792902! 4d16.5258664!16s%2Fg%2F11hcc6 mnf?entry=ttu

# Organizer:

WUAP CZ

Monika Tišlerová

Email: <a href="monika.tislerova@wuap.cz">monika.tislerova@wuap.cz</a>
Phone number: +420733103199

# **Rules:**

The World Championship is organised and will be held by the WUAP rules. These rules are available on the official site of WUAP: www.wuap-powerlifting.com

# **Entryfee:**

First event: 75 € Open & Master, 50 € Teens & Junior

Additional event: 50 €/event, 35 € /event

# Deadline for the entryform and fees: 23rd August 2024

After 23rd August 2024 no late entrys will be accepted! All lifters must pay their entry fees to their national federation. The national federation is responsible for submitting the team list and team payment by the closing date.

Only athletes from countries where there is no WUAP association may submit an individual entry and payment. All entry fees must be paid in Euro for this event.

# Registration:

Team list (with entryform) must be sent to this email: <a href="mailto:monika.tislerova@wuap.cz">monika.tislerova@wuap.cz</a> Entryform – <a href="mailto:https://tinyurl.com/WAUP-WCH2024-Team">https://tinyurl.com/WAUP-WCH2024-Team</a>

#### **Bank account:**

Account Name: Monika Tišlerová 1043499096/3030 IBAN CZ61 3030 0000 0010 4349 9096 BIC:AIRACZPP

# **Wieght categories:**

Men (RAW+EQ) – 67,5kg, 82,5kg, 95,0kg, 110,0kg, 125,0kg, +125,0kg Women (RAW+EQ) – 52,0kg, 60,0kg, 67,5kg, 82,5kg, +82,5kg

# Age categories:

Open: Any competitor who is 16 years of age or older.

Teenage T16-19: Any competitor from 16 years of age to 19 years of age.

Junior: Any competitor from 20 years of age to 23 years of age.

Master 40-49 (M40-49): Any competitor from 40 years of age to 49 years of age. Master 50-59 (M50-59): Any competitor from 50 years of age to 59 years of age.

Master 60-69 (M60-69): Any competitor from 60 years of age to 69 years of age.

Master 70-74 (M70-74): Any competitor from 70 years of age to 74 years of age.

Master 75+ (M75+): Any competitor from 75 years of age or older.

# Weight-in:

#### Tuesday, 24.09.2024

15:00 – 19:00 (for Wednesday competitions)

#### Wednesday, 25.09.2024

06:30 – 08:00 (for Wednesday competitions)

15:00 – 19:00 (for Thursday competitions)

#### Thursday, 26.09.2024

06:30 - 08:00 (for Thursday competitions)

15:00 – 19:00 (for Friday competitions)

#### Friday, 27.09.2024

06:30 – 08:00 (for Friday competitiors)

15:00 – 19:00 (for Saturday competitions)

#### Saturday, 28.09.2024

06:30 – 08:00 (for Saturday competitions)

# **Schedule of competition:**

#### Wednesday, 25.09.2024

09:30 Opening Ceremony

10:00 Start - Powerlifting RAW Women

Powerlifting RAW Juniors, Teens

Powerlifting EQ all competitiors (men/women)

#### Thursday, 26.09.2024

09:00 Start - Powerlifting RAW Open Men

Powerlifting RAW Masters Men

#### Friday, 27.09.2024

09:00 Start - Deadlift RAW all competitiors (men/women)

Deadlift EQ all competitiors (men/women)

#### Saturday, 28.09.2024

09:00 Start – Benchpress RAW all competitiors (men/women)

Benchpress EQ all competitiors (men/women)

# Transgender:

Athletes start in the class (men/women) indicated in the valid identification document.

# **Important:**

The schedule for competition and weigh-in times is provisional and can be changed after receipt of the Entries can still be updated at the entry deadline. Necessary changes will be announced on the WUAP website and in the Facebook groups published. Each starter is responsible for informing themselves about any changes in the competition times after the registration deadline.

Monika Tišlerová

Promoter

Rudolf Siska WUAP President

Pudolf Solar

Approved in Prague, 1.7.2024